

## Dua Old Age Caring Institution

Compassionate Psychiatric & Elder Care in Noida

# Addressing the Evolving Needs of Our Seniors

As our cherished elderly population grows, the demand for specialised, compassionate care becomes increasingly vital. Families across India are seeking environments that offer not just medical support, but also genuine understanding, dignity, and a profound sense of belonging for their loved ones, especially those requiring dedicated psychiatric attention.



At Dua Old Age Caring Institution, we deeply recognise these evolving needs. We are steadfastly dedicated to providing a nurturing and secure home where seniors receive holistic care, meticulously tailored to their unique requirements. Our unwavering focus is on enhancing their quality of life, fostering both mental and physical well-being, every single day.

## Our Mission: Dignity, Understanding & Assurance

At Dua, our unwavering commitment is to create a sanctuary where every senior feels profoundly cherished, respected, and truly at home. We firmly believe in providing care that extends far beyond the physical, deeply touching upon emotional well-being and meticulously fostering a vital sense of purpose in their golden years.

#### A Loving, Respectful Home

We offer a secure and profoundly warm environment, ensuring personalised care plans that meticulously respect individual preferences and needs, fostering unparalleled comfort and a truly familial atmosphere.

## Empowering Independence & Emotional Support

Our comprehensive approach actively encourages self-reliance while providing robust emotional counselling and support, profoundly recognising the paramount importance of mental well-being in their precious golden years.

#### Safe, Nurturing Environment

Every resident thrives within a secure and thoughtfully stimulating setting, meticulously designed to promote holistic health and profound happiness, ensuring they consistently feel valued and deeply connected.



Where Every Senior Finds Their Home. And Profound Peace of Mind

## Comprehensive Psychiatric & Medical Care

Our institution is meticulously equipped to provide highly specialised medical and psychiatric support, ensuring round-the-clock care and unwavering attention for all our beloved residents. We focus comprehensively on both acute and long-term health management, prioritising their well-being at every step.

01

## 24/7 Qualified Nurses & Regular Doctor Check-ups

Our dedicated nursing staff provides continuous, vigilant supervision and compassionate care, seamlessly complemented by routine visits from experienced physicians to meticulously monitor health and address any concerns promptly.

02

#### Specialised Memory Care Programmes

We offer expert, tailored care for complex conditions such as Dementia, Alzheimer's, and Parkinson's, with bespoke programmes thoughtfully designed to manage symptoms and profoundly improve cognitive function.

03

#### Daily Use Assistance (DUA)

Our compassionate team provides discreet assistance with daily activities, including grooming, dressing, mobility support, and precise medication reminders, ensuring dignity and utmost comfort in every aspect of their routine.

## Fostering Mental Well-being: Our Psychiatric Approach

Mental health stands as a cornerstone of overall well-being, particularly for our senior population. Our integrated psychiatric care is meticulously focused on personalised interventions and creating an environment that profoundly supports emotional stability and cognitive health.



#### **Cognitive Stimulation**

Engaging activities and therapeutic exercises precisely designed to maintain and enhance cognitive functions, actively working to mitigate the progression of memory-related challenges.



#### Stress Reduction Programmes

Mindfulness techniques, gentle meditation, and effective relaxation practices are thoughtfully integrated into daily routines to promote profound calmness and significantly reduce overall stress levels.



#### Counselling & Therapy

Regular individual and deeply supportive group counselling sessions are provided by our qualified therapists to gently address emotional needs, anxiety, depression, and complex behavioural issues.



#### Meaningful Social Engagement

We actively encourage vibrant social interaction and community participation to combat loneliness and foster a deep sense of belonging, which is absolutely vital for robust mental health.

### Holistic Support Beyond Medicine

True well-being encompasses far more than just precise medical attention. At Dua, we provide a comprehensive range of holistic services meticulously designed to enrich the lives of our residents, promoting essential physical activity, balanced nutrition, and profound emotional fulfillment.

#### In-house Physiotherapy

Tailored physiotherapy sessions are expertly conducted on-site to diligently aid recovery, significantly improve mobility, and judiciously enhance strength, powerfully supporting residents in maintaining an active, fulfilling lifestyle.

#### Nutritious, Balanced Meals

Our dedicated dietary team meticulously prepares wholesome and delicious meals, thoughtfully catering to individual dietary needs and specific preferences, ensuring optimal nutrition for vibrant overall health and sustained vitality.

## Emotional Companionship & Activities

We actively foster a vibrant, inclusive community through engaging, stimulating activities, joyful social events, and dedicated, empathetic companionship, promoting mental well-being and a truly joyful living experience for all.

## A Vibrant Community: Life at Dua

Life at Dua is thoughtfully curated to foster profound joy, meaningful connection, and purposeful engagement. Our esteemed residents experience a warm, family-like atmosphere where each day gracefully unfolds with new opportunities for personal growth and deep happiness.









"Choosing Dua was unequivocally the best decision for our beloved mother. She is not merely cared for; she is truly thriving and profoundly enjoying every single moment. It genuinely feels like an extended family for her."

A Resident's Grateful Family

## Why Choose Dua?

Selecting the ideal care institution for your loved ones is undoubtedly a significant and deeply personal decision. At Dua Old Age Caring Institution, we distinguish ourselves with our unwavering commitment to excellence, profoundly compassionate care, and a proven, trusted track record.

1

#### India's Trusted Eldercare

With over 7 years of dedicated, heartfelt service in Noida, Dua has firmly established itself as a beacon of reliable and high-quality eldercare, profoundly earning the trust and confidence of countless families. 2

#### Skilled & Compassionate Staff

Our distinguished team comprises highly trained professionals in both psychiatric and geriatric care, consistently committed to providing empathetic, patient-centred support with the utmost respect and dignity.

3

#### Dignity, Comfort & Joy

We ensure our seniors live with profound dignity, unparalleled comfort, and boundless joy, meticulously fostering an environment where their individual needs are met and their spirits are consistently uplifted.

4

#### Experience Family-Like Care

We warmly invite you to visit us and witness firsthand our unique approach to care that truly feels like an authentic extension of your own family, built steadfastly on deep love and profound understanding.

Connect with us today for a personal tour and consultation.